



LOWER BUCKS
FAMILY YMCA

ANNUAL
REPORT
2016

The Y.™ For a better us.™





Last year, **274 KIDS** discovered **WHO THEY ARE** & what they can **ACHIEVE** under the guidance of **ADULTS WHO CARE** about them in our **childcare programs**



Zane Moore
Managing President/CEO



Karen Galardi
Board of Directors CVO

a message from our leaders

Lower Bucks Family YMCA is an invaluable community resource that is making an important impact upon children, youth and families every day. The difference the YMCA is making upon so many lives is only possible through charitable donations provided through the generosity of individuals, foundations and companies. Without this support, our work would not be possible.

In 2016, donations allowed us to strengthen our community by investing in our friends and neighbors who need a hand-up, especially children, youth and families.

In 2016:

- 141 of our financial assistance recipients were children who benefited from child development, school age care and summer day camp
- 333 children and youth from food insecure households received a cold supper and snacks daily at the YMCA
- 407 7th grade students received a free Y membership, providing a safe place to be during after school hours

Donor supported health programs allow the Y to work with community partners to reduce the incidence of disease among lower income populations. In 2016, through a special partnership with St. Mary Medical Center, the Y launched the Diabetes Prevention Program making it available for those who are at-risk of developing diabetes.

Also in 2016:

- 21 active members of the military received a reduced membership to the Y
- 354 health seekers including youth and active older adults became members through the Y's financial assistance program
- 34 individuals participated in learn-to-swim and Arthritis Aquatics

Lower Bucks Family YMCA is continuing to grow and make a difference in communities from Bristol to Fairless Hills to Newtown. Throughout this report, you will see the impact our work made in 2016. We continue to make an impact every day, made possible by our generous donors. Thank you for investing in the Y and your community.

Zane Moore
Managing
President/CEO

Karen Galardi
Board of Directors
Chief Volunteer Officer

healthy living

IMPROVING QUALITY OF LIFE

Lower Bucks Family YMCA is making a difference in reducing health disparities and promoting healthy living for individuals every day. Our partnership with St. Mary Medical Center and the Y-USA's National Diabetes Prevention Program, is allowing us to help 120 individuals reverse incidence of diabetes in their lifetime.

"Step It Up" Bucks County, sponsored by Grifols Biomat USA encouraged the community to take more than 5 million steps during the holiday season when many people aren't as mindful of their nutrition or activity levels.

These programs are what set the YMCA apart from other organizations. Everyone is welcome at the YMCA, and no one is turned away because of an inability to pay.

“The YMCA has saved my life. Without the financial assistance program, I wouldn't be able to stay healthy and on track.”

-grateful financial assistance recipient



375 INDIVIDUALS were able to access WELLNESS SUPPORT and improve their health in our fitness center

youth development

CREATING A SAFE HAVEN

Youth members are actively engaged in recreational activities offered at the Y. Many of the children and teens we serve have no place to go after school. The YMCA gives kids a safe place where they can take a swim or engage in a friendly game of ping pong.

The YMCA's child development program engages young children in learning that prepares them for kindergarten. Our staff are trained to identify children with special needs so that early intervention education can address any issues and improve the likelihood for success. Families receive additional support including information about healthy living.

Many children who reside in the communities the YMCA serves struggle with food insecurity. Every day, with assistance from the Archdiocese of Philadelphia, the Y feeds 333 children through our school age care program.

Protective factors are important for all children, however especially for children who are at risk. The Y provides children with challenges a great supportive environment so they can grow and thrive.

social responsibility

MAKING PROGRAMS ACCESSIBLE AND IMPROVING THE COMMUNITY

The YMCA's financial assistance program provides access to programs and services regardless of an ability to pay. Donor support allows children to have a safe place to learn, access to disease prevention programs like Diabetes Prevention, and active older adults the opportunity to achieve greater mobility and improved health.

Every 7th grader can receive a free membership through the 7th Grade Initiative. More than 3,000 winter coats are distributed annually through the YMCA with help from the CARing for Kids Foundation, and holiday wishes are answered annually. Through new community partnerships, more than 600 children will participate in a free soccer program through Spring 2018.

Volunteers help the YMCA improve through community projects such as gardening, cleaning or painting.



OUR STORY

Lower Bucks Family YMCA Community Benefit

Indirect

Indirect Subsidy Dollars

are funds allocated to support the costs of free and/or low-cost programs and services.

Indirect Subsidy Dollars

Open Pathways	Total Served		Community Benefit
7th Grade Membership	407		\$112,332
Individual Impact	Participants	Enrollment	Community Benefit
Ability Program/Membership	26	134	\$22,646
21st Century Grants	990		\$475,069
Pre K Counts	71		\$437,675
Free Student Lunches	333		\$110,890
Holiday Giving	Total Served	Families	
Giving Tree	327	857	\$75,000
	2,154		
Volunteers	Individuals	# of Hours	Community Benefit
	123	2,195	\$50,639

Impact
2,807
individuals
at a value of
\$1,284,251

Direct

Direct Aid Dollars

includes financial assistance to individuals and families who would otherwise not be able to pay for programs and services.

Direct Aid Dollars

Category Requests	Total Served	Community Benefit
Membership	375	\$50,768
Youth Education	64	\$116,324
Camp	51	\$75,810
Other Programs	34	\$3,353
Individuals	524	\$246,255

Impact
524
individuals
at a value of
\$246,255

Total IMPACT
Community Benefit
\$1,530,506



333 CHILDREN A DAY receive a **nutritional meal** to fuel their bodies **at our Y**



transforming lives

11,561 members and **4,411** program participants improved their health, learned a new skill and connected with others

1,612 children and adults learned life saving skills in aquatics programs

620 youth spent their days exploring, making friends and having fun at summer camp

2,338 teens were physically active and benefited from programs that promote leadership, character development and community involvement

3,070 Active Older Adult members stayed active, volunteered and enjoyed social activities



REVENUE

Public Support

Contributions/Grants	\$1,214,214
Special Events	\$18,740
Federated Fundraising	\$76,000
Government Grants	\$917,915
Total Public Support	\$2,226,869

Earned Income

Membership Fees	\$1,452,677
Aquatics Programs	\$348,729
Camp Programs	\$435,468
Child Care Programs	\$934,417
Physical Education Programs	\$92,575
Other Programs	\$73,291
Membership and Program Subsidies	-\$246,255
Other	\$58,275
Total Earned Revenue	\$3,149,177

Total Revenue **\$5,376,046**

EXPENSES

Personnel and Benefits	\$3,369,035
Program Supplies	\$190,382
Insurance	\$60,606
Occupancy	\$447,170
Depreciation	\$269,617
Promotion	\$43,277
Interest Expense	\$101,831
National Dues	\$83,723
Other	\$683,316
Total Expenses	\$5,248,957

Net Margin from Operations **\$126,787**

donors...making more possible

PRESIDENT'S CIRCLE (\$25,000+)

Emil Metzger Trust
St. Mary Medical Center
Waste Management Company

PARTNER (\$10,000-\$24,999)

BB&T Bank
Dominion Resources, Inc.
Foundations Community Partnerships
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Exelon Foundation
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Grifols
William Penn Bank Foundation

BENEFACTOR (\$2,500-\$4,999)

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Community Recycling
County of Bucks
Health Partners Plans
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James & Joanne McDonald
McMaster-Carr Supply Company
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Univest Bank and Trust Co

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Wawa
Wells Fargo Community Support Campaign

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In Memory of Mrs. Kenny

Julia Egan

In Memory of Olga Mitchell

Phyllis Browne
Edward Gerhard
Leah Zenker

In Memory of James A. Murray, Jr.

Jim Marchio

In Memory of Betty Russell

Amy Valerio

Built with Love Fund

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Churchville Elementary School
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Larry Vincent Ford
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Caren Anne Martin
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Gail McGowan
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Bobby's Playground Maintenance

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Zeffi Angelikas

THANK YOU

If we have inadvertently omitted or misspelled a name, we apologize for the error. Please contact Shannon Connolly, Senior Director of Development, 215-949-3400, x51 or sconolly@cbfymca.org so we may update our records.





2016 board members

Lower Bucks Family YMCA

First Row Paul Kawoczka (Vice Chair), Karen Galardi (Chief Volunteer Officer), Zane Moore (Managing President/CEO), Jim McDonald (Treasurer)

Back Row Peter LaChance, Dennis LaRosa, Lorraine Lucisano, Barbara Allen, Kathleen Zelenka, Betsy Macht

Not Pictured Jenny Danzis, Robert Jones, Mary Krick, Bruce Malinowski, Ralph McClellan, Brian McLeod, Randy Stradling

Last year **1,612 CHILDREN & ADULTS** learned **LIFE-SAVING SKILLS** in our pools



MISSION: To create relationships and offer programs that provide a healthy start for children, growth for youth and teens, wellness for adults and unity for families.