

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT OPEN SWIM 8-9 AM 2-3:30 PM 8-8:30 PM	ADULT OPEN SWIM 8-9 AM 2:45-3:45 PM	ADULT OPEN SWIM 8-9 AM 11:45-4 PM 8-8:30 PM	ADULT OPEN SWIM 8-9 AM 2:45-3:30 PM	ADULT OPEN SWIM 8-9 AM	ADULT OPEN SWIM 8-9 AM	
PI-YO-CHI 9-9:45 AM	ARTHRITIS 11-11:45 AM 2-2:45 PM	ARTHRITIS 11-11:45 AM	ARTHRITIS 11-11:45 AM 2-2:45 PM	ARTHRITIS 10-10:45 AM 11-11:45 AM		
ARTHRITIS 10-10:45 AM 11-11:45 PM	AQUASIZE 7-8 PM	FAMILY SWIM 7:30-8 PM	AQUASIZE 7-8 PM	AQUA YOGA 12-12:45 PM	IMPORTANT NOTES: Everything listed on this schedule is included with membership. Non-Members pay a guest fee.	
FAMILY SWIM 7:30-8 PM				FAMILY SWIM 2-3 PM		

**LOWER BUCKS FAMILY YMCA
NEWTOWN AQUATICS PROGRAM SCHEDULE
WINTER SESSION JAN 2-FEB 25**