LOWER BUCKS FAMILY YMCA
GYM SCHEDULE
NEW Fall 1, 2017 | Sept 5 – Oct 29

DAYTIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-8:00 AM Open Gym | A/B	5:00-8:00 AM Open Gym | A/B	5:00-8:00 AM Open Gym | A/B	5:00-8:00 AM Open Gym | A/B	5:00-8:00 AM Open Gym | A/B	6:30-7:45 AM Open Gym | A/B	7:00-8:00 AM Zumba| A/B
8:00-9:00AM Beyond the Classroom| A/B	8:00-9:00AM Beyond the Classroom | A/B	8:00-9:00AM Beyond the Classroom | A/B	8:00-9:00AM Beyond the Classroom | A/B	8:00AM-9:00AM Beyond the Classroom | A/B	8:00-8:45 AM Open Gym	8:00-1:00 PM OPEN GYM | A/B
10:15-11:15AM S.S. Classic | A/B	9:15-10:15AM Pound | A	10:15-11:15AM S.S. Classic | A/B	9:30-10:00AM Parent/Child Tumble| A 1-3 yrs	10:15AM-11:15AM S.S. Classic | A/B	9:00-9:45 AM Kinder Gymers|A 3-5 yrs	11:00-1:00 PM Birthday Parties (when scheduled)| B
11:30-12:30 PM OPEN GYM| A/B	10:15-11:00 AM New Hope Academy| B	11:30-12:00PM New Hope Academy| B	10:15-11:00 AM Kinder Gymers| A	11:30-4:00 PM Open Gym |A/B	9:00-10:00 AM Zumba| B	
1:00-1:45 PM New Hope Academy | B	11:00-4:00 PM Open Gym| A/B	1:10-1:30 PM Pennsbury Most Program	11:00-11:30AM Preschool Gym | A		9:00-10:00 AM GYM CLOSED| A/B	
12:00-3:00 PM Open Gym| A	3:00-5:00 PM OPEN GYM|B	1:45-2:15 PM New Hope Academy | B	11:00-11:40AM Preschool Sports | B 3-5 yrs		10:00-11:00 AM Gymnastics|A 6-12 yrs	
	5:00 PM GYM CLOSED| A/B	2:15-5:00 PM Open Gym| A/B	11:00-11:40AM GYM CLOSED| A/B			
			4:30 PM GYM CLOSED| A/B			8.21.17

EVENING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:30-5:00 PM GATORS|B 6-9 yrs	4:30-6:00 PM Gymnastics|A	5:00-5:40 PM Basketball Instruction| B 4-6 yrs	4:30-6:00 PM Gymnastics|A	3:30-10:00 PM OPEN GYM| A/B	12:00-6:00 PM Open Gym| A/B	2:30-6:00 PM OPEN GYM| A
5:15-5:45 PM GATORS | B 3-5 yrs	5:00-5:40 PM Hockey Instruction|B 3-5 yrs	5:50-6:50 PM Basketball Instruction| B 7-11 yrs	4:30-5:10 PM Basketball Training| B			
6:00-6:40 PM DODGEBALL| A 8-12 yrs	5:50-6:30 PM Hockey Instruction| B 6-10 yrs	7:45-10:00 PM OPEN GYM| A/B	5:15-5:55 PM Preschool Sports | B			
6:45-10:00 PM Adult Basketball |A/B	6:45-10:00 PM Adult Volleyball| A/B	3:00-7:30 PM OPEN GYM|A	6:00-10:00 PM OPEN GYM|A/B			
	5:00 PM GYM CLOSED| A/B					
				8.21.17		

Gym A=Front Half
Gym B=Back Half
*IF CLASS IS CANCELLED= OPEN GYM
Gym Schedule subject to change for events, class cancellations, & birthday parties

Contact Bobby Dobra with any questions at 215-949-3400 ex. 21 or bdobra@lbfymca.org