

OPEN SWIM & GROUP EXERCISE SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-9:00 AM Adult Swim	8:00-9:00 AM Adult Swim	8:00-9:00 AM Adult Swim	8:00-9:00 AM Adult Swim	8:00-9:00 AM Adult Swim	12:45-2:00 PM FAMILY SWIM
9:00-9:45 AM PI-YO-CHI	11:00-11:45 AM ARTHRITIS	11:00-11:45 AM ARTHRITIS	11:00-11:45 AM ARTHRITIS	10:00-10:45 AM ARTHRITIS	
10:00-10:45 AM ARTHRITIS	1:30-2:00 PM Adult Swim	11:45-3:45 PM Adult Swim	1:30-2:00 PM Adult Swim	11:00-11:45 AM ARTHRITIS	
11:00-11:45 AM ARTHRITIS	2:00-2:45 PM ARTHRITIS	7:00-8:00 PM FAMILY SWIM	2:00-2:45 PM ARTHRITIS	12:00-12:45 AM YOGA	
2:00-3:30 PM Adult Swim	2:45-3:45 PM Adult Swim	8:00-8:30 PM Adult Swim	2:45-3:30 PM Adult Swim	12:45-2:00 PM Adult Swim	
6:45-8:00 PM FAMILY SWIM	7:00-8:00 PM AQUACIZE		7:00-8:00 PM AQUACIZE	2:00-3:00 PM FAMILY SWIM	
8:00-8:30 PM Adult Swim					

Chandler Hall – Newtown
OPEN SWIM and GROUP EXERCISE SCHEDULE
Fall SESSION: September 5 – October 29

IMPORTANT NOTES: Everything listed on this schedule is included with membership. When time block is not listed, pool is closed for programming. Schedule is subject to change.