

# LOWER BUCKS FAMILY YMCA

## GYM SCHEDULE

### NEW Summer 1 2017 | June 19–July 23

#### DAYTIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-8:00 AM Open Gym   A/B	5:00-8:00 AM Open Gym   A/B	5:00-8:00 AM Open Gym   A/B	5:00-8:00 AM Open Gym   A/B	5:00-8:00 AM Open Gym   A/B	6:30-7:45 AM Open Gym   A/B	7:00-8:00 AM Zumba   A/B
7:00-9:00AM Camp   A/B	7:00-9:00AM Camp   A/B	7:00-9:00AM Camp   A/B	7:00-9:00AM Camp   A/B	7:00-9:00AM Camp   A/B	8:00-8:45 AM Open Gym	8:00-1:00 PM OPEN GYM   A/B
10:15-11:15AM S.S. Classic   A/B	9:30-10:00AM Parent/Child Tumble   A 1-3 yrs	10:15-11:15AM S.S. Classic   A/B	9:30-10:00AM Parent/Child Tumble   A 1-3 yrs	10:15AM-11:15AM S.S. Classic   A/B	9:00-10:00 AM Zumba   B	11:00-1:00 PM Birthday Parties (when scheduled)   B
11:30-12:30 PM S.S. Cardio   A/B	10:15-11:00 AM Kinder Gyms   A 3-5 yrs	11:30-5:00 PM Open Gym   A/B	10:15-11:00 AM Kinder Gyms   A 3-5 yrs	11:30-4:00 PM Open Gym   A/B	9:00-10:00 AM GYM CLOSED   A/B	
1:00-1:45 PM New Hope Academy   B	11:00-4:00 PM Open Gym   A/B		11:00-11:45 AM JR Adventure Gym   A			
12:00-3:00 PM Open Gym   A	3:00-5:00 PM OPEN GYM   B		11:30-4:00 PM Open Gym   A/B			
	4:30 PM GYM CLOSED   A/B	2:15-5:00 PM Open Gym   A/B				
			4:30 PM GYM CLOSED   A/B			6.5.17

#### EVENING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:30-5:10 PM GATORS   B 10- 13yrs	4:30-6:00 PM Gymnastics   A	5:00-5:40 PM Basketball Instruction   B 4-6 yrs	4:30-6:00 PM Gymnastics   A	3:30-10:00 PM OPEN GYM   A/B	12:00-1:00 PM Shooting Clinic   B	12:00-1:00 PM Shooting Clinic   B
5:15-5:55 PM GATORS   B 6-9 yrs	4:30-5:10 PM Learn and Play   B 6-9 yrs	5:50-6:50 PM Basketball Instruction   B 7-11 yrs	4:30-5:15 PM Dodgeball Games   B 7-11 yrs		1:00-6:00 PM Open Gym   A/B	4:30-6:00 PM OPEN GYM   A
6:00-6:40 PM Baseball Clinic   B 4 + yrs	5:15-5:55 PM Preschool Sports   B 3-5 yrs	3:00-7:30 PM OPEN GYM   A	5:15-6:00 PM GATORS   B 3-5 yrs			
3:00-6:45 PM OPEN GYM   A	6:45-10:00 PM Adult Volleyball   A/B	7:45-10:00 PM OPEN GYM   A/B	6:30-7:00 PM Fit and Play   B 12+ yrs			
6:45-10:00 PM Adult Basketball   A/B	4:30 PM GYM CLOSED   A/B		7:00-10:00 PM OPEN GYM   A/B			
			4:30 PM GYM CLOSED   A/B			
						<p>Gym A=Front Half Gym B=Back Half *IF CLASS IS CANCELLED= OPEN GYM Gym Schedule subject to change for events, class cancellations, &amp; birthday parties</p>
						Contact Bobby Dobra with any questions at 215-949-3400 ex. 21 or <a href="mailto:bdobra@lbfymca.org">bdobra@lbfymca.org</a>
					6.5.17	