

LOWER BUCKS FAMILY YMCA

GYM SCHEDULE

NEW Winter 2018 | Jan. 2 - Feb. 25

DAYTIME

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym Gym A+B 5:00 - 8:00 AM	Open Gym Gym A+B 5:00 - 8:00 AM	Open Gym Gym A+B 5:00 - 8:00 AM	Open Gym Gym A+B 5:00 - 8:00 AM	Open Gym Gym A+B 5:00 - 8:00 AM	Open Gym Gym A+B 6:30 - 8:45 AM	Open Gym Gym A+B 8:00 AM - 1:00 PM
Beyond the Classroom Gym A+B 8:00 - 9:00 AM	Beyond the Classroom Gym A+B 8:00 - 9:00 AM	Beyond the Classroom Gym A+B 8:00 - 9:00 AM	Beyond the Classroom Gym A+B 8:00 - 9:00 AM	Beyond the Classroom Gym A+B 8:00 - 9:00 AM	Kinder Gyms Gym A 3-5 yrs 9:00 - 9:45 AM	Birthday Parties* Gym B 11:00 AM - 1:00PM *-when scheduled
S.S. Classic Gym A+B 10:15 - 11:15 AM	Pound Gym A 9:15 - 10:15 AM	S.S. Classic Gym A+B 10:15 - 11:15 AM	Parent/Child Tumble Gym A 9:30 - 10:00 AM 1-3 yrs	S.S. Classic Gym A+B 10:15 - 11:15 AM	Gymnastics Gym A 10:00 - 11:00 AM 6-12 yrs	
Open Gym Gym A 12:00 - 3:00 PM	New Hope Academy Gym B 10:15 - 11:00 AM	New Hope Academy Gym B 11:30 - 12:00 PM	Kinder Gyms Gym A 10:15 - 11:00 AM 3-5 yrs	Open Gym Gym A+B 11:30 AM - 4:00 PM	Jr Sixers 11:00 AM-12:00 PM 5-6 yrs	
New Hope Academy Gym B 1:00 - 1:45 PM	Open Gym Gym A+B 11:00 - 4:00 PM	Pennsbury Most Program 1:10 - 1:30 PM	Tiny Tumblers Gym A 11:00 - 11:40 AM 2-4 yrs	Open Gym Gym A 2:00 - 3:00 PM	Jr Sixers 12:00 PM-1:00 PM 7-8 yrs	
	Open Gym Gym B 4:00 - 5:00 PM	New Hope Academy Gym B 1:45 - 2:15 PM	Jump Run Tumble Fun Gym A 11:00 AM - 3:00 PM 3-5 yrs		Jr Sixers 1:00 PM-2:00 PM 9-19 yrs	
	GYM CLOSED Gym A+B 5:00 PM	Open Gym Gym A+B 2:15 - 5:00 PM	GYM CLOSED Gym A+B 4:30 PM		Zumba Gym B 9:00 - 10:00 AM	

EVENING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym Gym A 3:00 - 6:00 PM	Basketball Skills II Gym B 4:30 - 5:10 PM 6-8 yrs	Open Gym Gym A 3:00 - 7:00 PM	Kinder Gyms Gym A 4:30 - 5:15 PM 3-5 yrs	Open Gym Gym A+B 3:30 - 10:00 PM	OPEN 2- 6 PM	Open Gym Gym A 4:30 - 6:00 PM
Adult Basketball League Gym A+B 7:00 - 10:00 PM	Basketball Skills I Gym B 5:00 - 5:40 PM 4-5 yrs	Basketball Skills Gym B 5:50 - 6:50 PM 7-11 yrs	Basketball Gym B 5:00 - 5:45 PM 4-5 yrs	Teen Basketball Gym B 4:00 - 5:00 PM 13+ yrs		
	Kinder Gyms Gym A 4:30 - 5:10 PM 3-5 yrs	Adult Basketball League Gym A+B 7:00 - 10:00 PM	Gymnastics Gym A 5:15 - 6:15 PM 6-12 yrs			
	Gymnastics Gym A 5:15 - 6:15 PM 6-12 yrs		Open Gym Gym A+B 7:00 - 10:00 PM			
	GYM CLOSED Gym A+B 5:00 PM					

Gym A = Front Half
Gym B = Back Half

* Gym Schedule subject to change for events, class cancellations, & birthday parties
* If class is cancelled there will be open gym

-----Contact Kevin Crail with any questions at krail@cbfymca.org

